

We understand that not everyone wants the time commitment or the financial responsibility that comes with competitive cheerleading, but we think every athlete should have the opportunity to cheer if desired. Our rec classes are designed to help EVERYONE receive proper cheer training. If you're not sure whether or not cheerleading is a good fit for your athlete, come try it out! These options provide a flexible way to learn and/or improve skills while getting introduced to the world of cheerleading.

Rec Class Overview					
Class Type	Each class	Ages	Monthly		
	is offered:		Tuition		
Mommy & Me	TBD	3 & under	TBD		
*Currently not offered					
Cheerleader in Training	1 x week	6-15	\$150		
	2 hours				
Tiny Tumblers	1 x week	3-5	\$75		
	1 hour	potty trained			
Tumbling Class	1 x week	5-18	\$75		
	1 hour				
Ninja Class	1 x week	6-9	\$75		
	1 hour				
Jump Class	1 x week	6-18	\$50		
	45 minutes				
Stretch Class	1 x week	6-18	\$25		
	45 minutes				
Stunt Class	TBD	6-18	TBD		
*Currently not offered					

To register for a class or private lessons at ASR, athletes must:

1. Submit the <u>Registration Form</u> and the <u>Credit Card Authorization Form</u> included at the end of this packet.

NO ATHLETE WILL BE ABLE TO REGISTER FOR A CLASS WITHOUT A VALID CC FORM ON FILE.

- 2. Submit the non-refundable \$55.00 per athlete registration fee.
- 3. Specify which class you are registering for. A confirmation email will then be sent to you shortly.

It is your responsibility to submit updated paperwork to keep your account up to date.

ATHLETES WILL NOT BE ALLOWED TO REGISTER OR PARTICIPATE WITH A BALANCE.

Cheerleader in Training -\$150/month:

Athletes in this class will work to improve technique on jumps, motions, dance, tumbling and stunts. Training classes will be held once a week for 2 hours per class. Athletes ages 6–15 with level one and two skills are invited to participate. Cheerleader in Training class members will not perform at competitions, but will be taught the same cheer technique as our competitive athletes. This is the perfect class for athletes wanting to learn the fundamentals of cheerleading as well as athletes wanting to prepare for school or competitive team tryouts in the future.

Tumbling Class Breakdown					
Level	Required Skills	Tumbling Skills Worked on in Class			
1	No required skills.	<u>Standing:</u> forward roll, back walkover, front walkover <u>Running:</u> cartwheel, round off			
1.5	Sanding: forward roll, back walkover, front walkover Running: cartwheel back walkover, round off	<u>Standing:</u> back handspring <u>Running:</u> round off back handspring			
2	Standing: back handspring Running: round off back handspring	Standing: back handspring series Running: back handspring step out round off back handspring, front walkover roundoff back handspring, round off two back handsprings, round off back handspring back tuck			
3	Standing: back handspring series Running: round off back handspring back tuck	<u>Standing:</u> back handspring back tuck, standing back tuck <u>Running</u> : front walkover round off back handspring back tuck, round off back handspring layout			
4	Standing: back handspring back tuck, standing back tuck Running: round off back handspring layout	<u>Standing:</u> back handspring to layouts <u>Running</u> : specialty passes to layouts			
5	Standing: back handspring to full Running: round off back handspring full	<u>Standing:</u> standing full, back handspring to double <u>Punning:</u> running doubles, arabian connecting alternate passes			

Tumbling Class - \$75/month:

Tumbling classes will be offered year-round for competitive athletes and/or non-competitive athletes. Classes are once a week for an hour and will be split based on USASF levels (and ages when necessary).

Mommy & Me Class - TBD:

Currently not available.

Tiny Tumblers Class - \$75/month:

Tots Tumbling classes will focus on basic tumbling skills while enhancing flexibility, strength, balance and coordination.

Jump Class -\$50/month:

Jump class will focus on improving an athlete's jump technique, flexibility, control and height.

Revolution Ninja/Warrior Class- \$75/month:

Ninja class will focus on the "tricking" aspect of tumbling. Athletes will work on multiple apparatuses (trampoline, air trak, mini tramp etc.) and combine martial arts with flips and twists from gymnastics.

Stretch Class - \$25/month:

Stretch classes will focus on flyer body positions. Athletes will learn stretches and drills to improve flexibility and be taught proper technique on all body positions.

Stunt Class - TBD:

Currently not available.

Private Lessons:

ASR offers private instruction for competitive and non-competitive athletes. You can contact instructors directly for pricing and scheduling details. Instructors have access to the ASR facility but cannot schedule private lessons that end after 10pm. Athletes with a balance will be placed on a "no private list" and will not be allowed to participate in private lessons until the balance is paid infull. Contact office@all-starrevolution.com or 281-741–3762 for instructor's contact information.

STANDARD BILLING PROCEDURES

- Fees will post to your ASR account on the 1st of the month in which it's due.
- All balances will be charged to the card on file on the 6th of each month.
- If you prefer NOT to charge the card on file, you must bring in cash or check by the 5th of the month or sooner should the office be closed/weekend.

*Checks payable to All-Star Revolution

- All accounts are required to have a valid credit card on file at all times even if paying by cash or check monthly.
- •No account will be allowed to have fees roll over from month to month.
- Athletes with a balance will not be allowed to participate in class until ALL fees are paid in full.

OFFICE HOURS

Our business office is open Monday – Thursday from 12pm-5pm. You can register in person anytime during those hours or by emailing office@all-starrevolution.com. The front desk is open from 12pm-9pm M-Th.

2020-2021 HOLIDAY DATES

These "holiday" closures apply to ALL classes:

Saturday, July 4th 2020 (Independence Day)

Monday, September 7th 2020 (Labor Day)

Monday, November 23rd -Friday, November 27th 2020 (Thanksgiving)

Monday, December 21st 2020 – Friday, January 1st 2021 (Christmas/New Years)

Monday, March 15th - Friday, March 19th 2020 (Spring Break)

PLEASE NOTE that in lieu of Covid-19, dates may change to be in alignment with school districts.

ALL-STAR REVOLUTION, LLC. REGISTRATION FORM

Athlete's Name:		Ε	OOB:			
Address:		City:	Zip Code:			
Parent:	Work:		Cell:			
Parent:	Work:		Cell:			
Parent:	Work:		Cell:			
Primary Email (parent portal usernam	ne):					
Emergency Contact:		Phone:				
Any Known Allergies/Medical Condition	ons:					
Medical Release and Policy Acknowledgment I, the parent or legal guardian of the above named student hereafter referred to as "athlete", do hereby permit the "athlete" to participate in gymnastics, tumbling, cheerleading or any other physical activities while an "athlete" at All-Star Revolution, LLC hereafter referred to as "ASR". By granting permission for "athlete" to participate in programs at "ASR", I assume full responsibility for "athlete" personal safety and release "ASR", its supervisors and employees from any and all liabilities that may arise due to any injury including death to "athlete" by reason of "athlete's" participation in any activity at "ASR" or in which "ASR" is participating elsewhere. This includes any injuries that occur while an "ASR" employee is spotting or stretching an athlete. I understand there is personal risk in any activity that involves motion, height or rotation and that these activities can result in serious injury, disability or death. I authorize "ASR" to use photographs, video, and/or other likenesses of my child for use in its promotional materials or sales and waive any rights of compensation or ownership thereto. I understand a valid credit card authorization form is required to be on file at all times and that all balances due on my account will be charged to my credit card on file on the 6th day of each month. If I do not want my credit card to be charged I must pay my account in full before the 5th day of the month using cash or check. Any balance remaining on my account not paid by the 6th day of the month will automatically be flagged for no athlete participation. I understand "ASR" does not refund tuition or any other fees for ANY REASON. I understand that "athlete" is not allowed to take private lessons or participate in any class/team if there is any balance on "athlete's" account and "athlete" is subject to removal from "ASR" for any unpaid fees. "ASR" will be following the CDC and local health department guidelines to help reduce the spread of COVID-19. By s						
I have read, understand and execute this release form and policy acknowledgement hereafter.						
Parent Signature:			Date:			

Parent Signature: ______ Date: _____

CREDIT CARD AUTHORIZATION

All monthly balances will be automatically charged to your credit card on file on the 6th day of each month. If you do not want your credit card to be charged you must pay your account in full before the 6th day of the month using cash, check or through the parent portal on www.All-Star Revolution.com.All accounts must have a current credit card authorization form on file. It is your responsibility to fill out a new CC authorization form for lost/stolen cards or if your card expires, billing address changes, etc. All applicable fees will be charged if the card on file is declined for ANY REASON. If your account remains unpaid past the 6th day of the month for any reason your child will be held out of practice and may be removed from the program.

Name as it appears on car	d:		
Type of card:	Card Number:		
Security Code:	Expiration Date:		
Billing Address:			
			_
past due on my account. If the credit card provide	my card is declined for any reason, I v	n or after the 6 th day of each month for all d rill take care of my balance due immediately. n I am responsible for immediately pro and paying any late fees.	I understand i
Cardholder Sgnature:		Date:	

All-Star Revolution accepts Master Card, Visa, American Express and Discover.

PARENT PORTAL

To make the payment process more convenient, ASR offers a parent portal via our website. Once a charge is posted to the account on the Ist of the month, you are able to log on and pay with a card other than the one on file. You can also log on and update any personal information on your account.

- I. Go to www.All-StarRevolution.com
- 2. Click on PARENT PORTAL below the flashing pictures.
- 3. Log-in

USERNAME: primary email address

PASSWORD: If you are a new member you will receive a link.

4. You should now be able to access your account.

Please take advantage of this feature and feel free to contact the office at 281-741-3762 with any questions. Remember that cards auto draft on the 6th of each month so if you prefer to pay with another card please log-on and do so by the 5th. If you prefer to pay with cash or check please bring in the payment by the 5th (or sooner should the gym be closed) to ensure that the card on file does not auto draft. **Make all checks payable to All-Star Revolution**.

All-Star Revolution accepts Master Card, Visa, American Express and Discover.

ASR APP COMING SOON!!!!!!!!